

Dinosaur Ice Play Activity Card

As the weather has been heating up, this is a great sensory activity to keep your little one cool. This will encourage them to use their problem solving skills as well as explore they sensory changes when ice melts.



WHAT DO I NEED

1. Dinosaur toys
2. Ice cube tray or plastic tubs
3. Natural objects (e.g. pine cones, leaves or flowers)
4. Tools to break the ice (e.g. spoons)

METHOD

1. Fill the tubs with your objects and fill with water
2. Place your tubs in the freezer overnight
3. The following day, take them out of the freezer and tip onto a tray
4. Provide your child with their tools and ice cubes to break the dinosaurs free (tip - the larger the ice cubes the longer it will take for your child to break the toys free. So, make sure to not make them too large as you child may get frustrated)