

# Lava Sensory Bags

## WHAT YOU NEED

Zip lock bag (sandwich bag)  
Liquid food colouring  
Baby oil  
Water

## METHOD

1. Add a small amount of oil in the bag
2. Add a few drops of food colouring to the bag next
3. Add a small amount of water to create the 'lava look'
4. Now squeeze all the air out of the bag and fasten
5. Seal the bag shut

To avoid the bag bursting make sure to fill no more than half way.  
You can also fasten the opening with duct tape.

[Photo credit: Pinterest]

